

Procedure FAQ

What time is my procedure? The hospital will call you the day before with your arrival time. They call later in the afternoon, after 3pm, so don't be alarmed if you do not hear from them earlier in the day. Please do not call the physician office. They do not have this information prior to your procedure.

Do I need a driver and must they wait with me? YOU MUST HAVE AN ADULT DRIVER THAT WAITS WITH YOU FOR THE ENTIRE DURATION OF YOUR PROCEDURE. You will be receiving anesthesia for your procedure, so the hospital needs to make sure you have a safe ride home. **THERE WILL BE NO EXCEPTIONS.** Buses, Taxi service, walking and Uber service are not permitted.

What if I forgot to stop my aspirin or iron pills? While it is strongly recommended that you stop them ahead of time, your procedure does not have to be rescheduled if you have not.

What if I forgot to stop my blood thinner(s)? Please call the office to reschedule your procedure.

Can I eat breakfast before I start my clear liquid diet? No, you must be on a clear liquid diet the whole day before your procedure.

What if the prep makes me nauseas? Try drinking the preparation a little bit slower. Take a minute or two between sips. You can also make sure your prep is chilled, use a straw or suck on hard candies (not red, blue or purple) in-between sips to help reduce nausea.

What if I am a diabetic? Glucose tabs (not red, blue or purple) may be taken. You can also have apple juice as part of your clear liquid diet. Another option is hard candy as long as it is not red, blue or purple.

Can I have my colonoscopy if I am menstruating? Yes, this will not interfere with your procedure.

What if I have been told I need an antibiotic before a surgical procedure? You will need to contact the physician that told you this or your primary care physician. This office does not prescribe any kind of premedication.

What if I am on an antibiotic? If you are feeling well and are not having any respiratory symptoms, an antibiotic will not interfere with your procedure. Make sure you inform the hospital when they call and ask for your current medications.

What if I have been exposed to Covid (or flu, cold, etc.)? If you are asymptomatic (no symptoms), you may continue with your procedure.

What if I have or have recently had Covid? Your procedure date must be at least 10 days past the first day of symptoms. You must be feeling well and fever free for 24 hours. If you are having any breathing issues, please call the office to reschedule.

What if I was recently sick (cold, flu, sinus infection, etc.)? If you are feeling up to it, and have been fever free for 24 hours, you may proceed with your procedure. If you are having any breathing difficulties, please call the office to reschedule.

What if I have an injury such as a broken bone, torn ligament, sprain, etc.? You will be required to lay on your left side for the colonoscopy. If you are physically and medically able to do that, you may proceed with the procedure.

What if I am having a minor medical or dental procedure/surgery that requires anesthesia? There needs to be a 3 day period between events before you can have anesthesia again. If it has not been 3 days, please call the office to reschedule.

This information can also be found at www.physicianhealthcare.com and select the following:

1. Forms
2. Gastroenterology Forms
3. Select the instruction sheet that matches the name of your colon prep or the Procedure FAQ sheet