

## Colonoscopy Prep – Peg 3350

Procedure Date: \_\_\_\_\_ Facility: \_\_\_\_\_

- The Hospital/Surgery Center will call you the day before with a time. They will call late afternoon.
- You **MUST** have a driver the day of the procedure that waits with you or the hospital will make you reschedule.
- Follow this instruction sheet **NOT** the instructions that come with your prescription prep.

7 DAYS BEFORE YOUR PROCEDURE	5 DAYS BEFORE YOUR PROCEDURE	2 DAYS BEFORE YOUR PROCEDURE	THE DAY BEFORE YOUR PROCEDURE	IF YOUR PRESCRIPTION PREP IS TOO COSTLY
<ul style="list-style-type: none"> <li>• If you have not already, pick up your prep from the pharmacy.</li> <li>• Read over these instructions COMPLETELY to avoid any last minute questions or errors.</li> </ul> <p><b>STOP any GLP-1 Receptor Agonist drugs.</b> It is suggested that you contact your prescribing physician if you take these medications for diabetic management.</p> <p><b>Some commonly used:</b>  Rybelsus (oral Semaglutide)  Bydureon (Exenatide)  Ozempic (Semaglutide)  Trulicity (Dulaglutide)  Victoza (Liraglutide)  Adlyxin (Lixisenatide)  Byetta (Exenatide)  Mounjaro  Saxenda  Wegovy or Adipex</p>	<p>You <b>MUST</b> discontinue taking the following medications:</p> <ul style="list-style-type: none"> <li>• Aggrenox</li> <li>• Aspirin</li> <li>• Brilinta (Generic: Ticagrelor)</li> <li>• Trental</li> <li>• Coumadin</li> <li>• Effient</li> <li>• Plavix (Generic: Clopidogrel)</li> <li>• Pletal (Generic: Cilostazol)</li> <li>• Iron pills</li> <li>• Multi Vitamin w/Iron</li> </ul> <p><b>*If you take Coumadin, Plavix, Brilinta or Effient, please consult with your prescribing doctor as to a safe discontinuation date.</b></p>	<p>You <b>MUST</b> Discontinue taking the following medications:</p> <ul style="list-style-type: none"> <li>• Eliquis</li> <li>• Lovenox</li> <li>• Pradaxa</li> <li>• Xarelto</li> </ul>	<p>You <b>MUST</b> be on a <b>clear liquid diet the entire day before your procedure day!</b> (see allowed diet below)</p> <p><b>3:00PM</b> – swallow the 2 Bisacodyl tablets with water</p> <p><b>5:00PM</b> – Fill the Peg container with water up to the fill line. Shake the container to mix. Drink one (1) 8oz. glass of the solution every 20 minutes until ALL of the solution is gone and you have a clear, watery bowel movement.</p> <p><b>*Nothing to eat or drink after midnight</b></p>	<p>You may replace your prescription prep with the following instructions:  <b>Supplies to Purchase (over the counter):</b></p> <p>1 8.4oz bottle of Miralax  4 Dulcolax Tablets  64 oz of Gatorade or Powerade (not red, blue or purple)</p> <p><b>12:00pm</b> Take 2 Dulcolax w/water</p> <p><b>4:00pm</b> Mix entire bottle of Miralax w/all the Gatorade. Drink one 8oz glass every 20-30 minutes until gone</p> <p><b>8:00pm</b> take the last 2 Dulcolax w/ 8oz of water</p>
<p><b>CLEAR LIQUID DIET:</b> Water, chicken or beef broth, Jell-O or popsicles (nothing RED, BLUE or PURPLE) coffee or tea (no cream or milk), tea (iced or hot w/no milk), white grape or apple juice, 7-UP, Sprite or Mountain Dew, lemonade or limeade (no pulp). <b>*You may flavor your prep with a Crystal Light flavor packet instead of the flavor packet it comes with (no red, blue or purple). Nothing to eat or drink after midnight!</b></p>				